

# Where Do I Go For Help?

## Police – Fire - Ambulance

911

### Poison Control Center

1-800-222-1222



### Emergency #'s

College Place Police Department 509-525-7773  
 Walla Walla Police Department 509-527-4434  
 Walla Walla County Sheriff's Office 509-524-5400  
 Columbia County Sheriff's Office 509-382-2518  
 Milton-Freewater Police Department 541-938-5511  
 Umatilla County Sheriff's Office 541-966-3651

### Suicide Prevention

Emergency 911  
 Walla Walla Crisis Response Unit 509-524-2999  
 Blue Mountain Counseling 509-382-1164  
 Oregon Suicide Hotline & Crisis Center 1-800-452-5413  
 National Suicide Prevention Hotline 1-800-273-TALK

### Domestic Violence Services

Call **ANY** police agency in your area or 911

YWCA 24-hr Crisis Line for victims 509-529-9922  
 WA – Adult Protective Services 509-524-4900  
 WA Child Protective Services 1-800-643-4159  
 WA Domestic Violence Crisis Line 1-800-562-6025  
 Oregon Children's Services 1-800-547-3897  
 OR Domestic Violence Crisis Line 1-800-833-1161  
 Oregon SafeNet 1-800-SafeNet  
 National Child Abuse Hotline 1-800-422-4453  
 Counseling for domestic violence offenders 509-735-2271

### Youth Crisis Services

Anorexia & Bulimia Hotline 1-800-452-5413  
 Boys & Girls Aid Society 1-800-324-6688  
 National Child Abuse Hotline 1-800-422-4453  
 Triple Point of Walla Walla 509-529-2130  
 Walla Walla Co Homeless Youth Program 590-524-2816  
 Oregon Youthline - teen to teen hotline 1-877-YOUTH-911  
 Oregon Suicide Hotline & Crisis Center 1-800-452-5413  
 National Runaway Switchboard 1-800-621-4000  
 National Runaway Hotline 1-800-RUNAWAY  
 Suicide Prevention Hotline 1-800-273-TALK



### Mental Health Services & Supports

Walla Walla County Mental Health 509-524-2920  
 Walla Walla Crisis Response Team 509-524-2999  
 Walla Walla Alliance for the Mentally Ill 509-529-6160  
 Blue Mountain Counseling - Dayton 509-382-1164  
 Blue Mountain Recovery Center - Pendleton 541-276-0810  
 Eastern Oregon Children's Center 541-276-0057  
 OR Mental Health Crisis 24-hr Hotline 1-866-343-4473  
 OR - LifeWays Counseling Services 1-866-343-4473

### Birth Control, Pregnancy Support & Services

Birthright 509-529-8678  
 Boys & Girls Aid 1-877-932-2734  
 Walla Walla Co. Health Department 509-524-2650  
 Family Medical Center 509-525-6650  
 Women's Center 509-529-8444  
 Planned Parenthood 1-800-230-PLAN  
 Oregon SafeNet 1-800-SafeNet  
 OR Pregnancy Hotline 1-800-234-4658  
 Pregnancy Talkline 1-800-342-6688  
 Emergency Contraception 1-888-not-2-late



## WA & OR Social Services Info

211



### Food & Shelter Assistance

Helpline –Resource Referral 509-529-3377  
 Blue Mountain Action Council 509-529-4980  
 Christian Aid Center 509-525-7153  
 DSHS – Community Service Office 509-522-4297  
 WIC – Walla Walla Co. Health Department 509-524-2690  
 WIC – Family Medical Center 509-525-0422  
 Walla Walla Salvation Army 509-529-9470  
 Walla Walla Housing Authority 509-527-4542  
 Walla Walla Co. Justice Center 509-524-2816  
 YWCA 24-hr. Crisis Line 509-529-9922  
 WIC – Milton-Freewater Office 541-938-5595  
 Milton-Freewater Breadbasket 541-938-3158  
 Milton-Freewater Transient Aid 541-938-5511  
 Oregon CAPECO 1-800-752-1139  
 Umatilla County Housing Authority 1-800-221-6729

### Doctor or Dental Care

Children's Dental Group of Walla Walla 509-525-2787  
 DSHS-Community Service Office 509-522-4297  
 Family Medical Center 509-525-6650  
 Helpline 509-529-3377  
 SOS Clinic 509-529-1481  
 SOS Dental – call helpline 509-529-3377  
 Oregon SafeNet 1-800-SafeNet



### Health Services & Support

Providence St. Mary's Medical Center 509-525-3320  
 Walla Walla General Hospital 509-525-0480  
 Wainwright VA Medical Center 509-525-5200  
 Walla Walla Co. Health Department 509-524-2650  
 Washington Tobacco QUIT Line 1-877-270-STOP  
 Dayton General Hospital 509-382-  
 Columbia County Public Health Service 509-382-2181  
 St. Anthony's Hospital, Pendleton, OR 541-276-5121  
 Umatilla Co. Health Dept. Pendleton 541-278-5432  
 Oregon Health Plan 1-800-359-9517  
 OR ESD Early Intervention 541-966-3131  
 Oregon Tobacco QUIT Line 1-800-784-8669  
 Oregon SafeNet 1-800-998-9825  
 Anorexia & Bulimia Hotline 1-800-452-5413  
 AIDS Hotline 1-800-342-2437

### Confidential Info/Support/Testing for AIDS/HIV

Blue Mountain Heart to Heart 509-529-4744  
 Family Medical Center 509-525-6650  
 Planned Parenthood of Walla Walla 509-529-3570  
 Triple Point of Walla Walla 509-529-2130  
 Oregon AIDS & STD Hotline 1-800-777-2437  
 Walla Walla City/Co. Health Department 509-54-2650  
 Parents & Friends of Lesbians & Gays  
 PFLAG Walla Walla 509-529-4459  
 PFLAG Umatilla County 541-966-8414  
 Division of Children & Family Services 509-524-4900  
 Umatilla Co Youth Investment Program 541-278-5486

### GED & HS Diploma Services

Lincoln Alternative High School 509-527-3083  
 Walla Walla Community College 509-522-2500  
 Blue Mountain Community College 541-938-4494

